Range

Preston Class Timetable.

Monday

7:00am	Functional Strength	Michael Ho
8:00am	Clinical Pilates	Michael Ho
10:00am	Clinical Pilates	Stuart Patten
12:00pm	Functional Strength	Dean Chadband
12:00pm	Clinical Pilates	Stuart Patten
6:00pm	Clinical Pilates	Dean Chadband
7:00pm	Clinical Pilates	Stuart Patten

Tuesday

7:00am	Clinical Pilates	Stuart Patten
8:00am	Cinical Pilates	Dean Chadband
8:00am	Functional Strength	Stuart Patten
1:15pm	Functional Strength	Michael Ho
1:15pm	Clinical Pilates	Dean Chadband
6:00pm	Clinical Pilates	Stuart Patten
7:00pm	Clinical Pilates	Stuart Patten

Wednesday

7:00am	Clinical Pilates	Stuart Patten
8:00am	Functional Strength	Stuart Patten
12:00pm	Clinical Pilates	Dean Chadband
6:00pm	Clinical Pilates	Dean Chadband
6:00pm	Functional Strength	Michael Ho
7:00pm	Clinical Pilates	Dean Chadband

Thursday

8:00am	Funtional Strength	MIchael Ho
8:00am	Clinical Pilates	Dean Chadband
6:00pm	Clinical PIlates	Stuart Patten
7:00pm	Clinical Pilates	Stuart Patten

Friday

8:00am	Clinical Pilates	RohanSingleton
8:00am	Functional Strength	Dean Chadband
10:00am	Clinical Pilates	Rohan Singleton
12:00pm	Clinical Pilates	Stuart Patten
1:00pm	Clinical Pilates	Dean Chadband
1:00pm	Functional Strength	Rohan Singleton
5:00pm	Clinical PIlates	Michael Ho

Saturday

8:00am	Clinical PIlates	Kate McKenna
9:00am	Clinical Pilates	Alternating Physio
10:00am	Clinical Pilates	KateMcKenna

Physio
Pilates
Podiatry
Massage
Exercise & Rehab

Range Preston
489 High St
Preston VIC 3072
(03) 9038 8111
preston@range.physio

Range Northcote
Shop 2-3, 18 High St
Northcote VIC 3070
(03) 9481 1626
northcote@range.physio

Book Online
www.range.physio

Follow Us
@range.physiotherapy